

## GO APE!

The exhilarating high-wire forest adventure course of rope bridges, Tarzan swings and zip slides up to 40-feet high in the trees is three hours of unique fun and adventure.

Visit [www.goape.co.uk](http://www.goape.co.uk)



## STAYING AT GRIN LOW

Grin Low Caravan Club Site: A 150-pitch site for touring caravans and tents (open to non-members) and open from Easter until October.

For further details contact 01298 77735.

## EVENTS AND INFORMATION

Details of special events taking place throughout the year are available from the Visitor Centre.

[www.poolescavern.co.uk](http://www.poolescavern.co.uk)

[www.buxtoncivicassociation.org.uk](http://www.buxtoncivicassociation.org.uk)

Buxton Civic Association Ltd. Registered Charity no. 258163.

## A UNIQUE ENVIRONMENT

Human association with Grin Low dates back over 5,000 years to early Stone Age farmers who used the hilltop for religious rites.

For many years huge, white spoil heaps dominated the western approach to Buxton and then in the late 1970s, Derbyshire County Council undertook an extensive reclamation scheme, transforming the site into an attractive countryside area.

Buxton Civic Association, together with Derbyshire County Council, have further developed the site you can enjoy today.

## SOLOMON'S TEMPLE

This viewpoint tower was built in 1896 on the site of a tumulus, which is a Neolithic burial mound. It replaced an earlier structure and probably takes its name from Solomon Mycock, who rented the land in the early 1800s. Please take care whilst climbing the spiral staircase and whilst standing on the viewing platform.



## BUXTON

From the unique vantage point of Solomon's Temple you can look down on the beautiful spa town of Buxton. This viewpoint was a favourite destination for a restorative afternoon stroll after taking the waters at the natural baths and a convenient 30-minute walk from the town centre.

Buxton's beautiful Georgian crescent, Opera house and the Devonshire Dome along with the Pavilion Gardens can all be seen along with the surrounding Peak District hills, Kinder Scout to the north, Stanage Edge to the east and limestone industries and the HSE research laboratories to the south.

## POOLE'S CAVERN

Venture beneath the ground with our expert guides into a hidden world of stone, water and spectacular crystals. Beautifully illuminated chambers and unique stalactite formations are revealed in each chamber on a 45-minute journey deep underground.

## VISITOR CENTRE

Discover the secrets of Derbyshire's underground landscape at the Poole's Cavern Visitor Centre and exhibition. The cavern shop sells a wide range of souvenirs, books, maps, rocks and minerals. The dog-friendly café and coffee shop is open all year and serves local produce and freshly prepared meals and snacks.

# GRIN LOW AND BUXTON COUNTRY PARK





## EXPLORING BUXTON COUNTRY PARK

Around 320 million years ago the Peak District limestone was formed in warm tropical seas teeming with primitive shellfish whose fossil remains can still be found in the rocks today. Sand from ancient rivers and swamps formed the surrounding gritstone hills of Axe Edge and Brown Edge.

These useful materials were exploited in quarries which dominated this landscape for centuries. Water disappears underground in limestone rock to slowly dissolve and erode deep and spectacular cave systems like Poole's Cavern, beneath Grin Low Hill.

Throughout the park you will find panels explaining the fascinating history and wildlife of the site. You can enjoy the wide, open spaces of grasslands, walk up Grin Low which is 439m above sea level and visit Solomon's Temple, with a superb vantage point. It's well worth the effort so that you can enjoy the impressive views of Buxton and the surrounding area.

Stroll along the shady pathways and through the glades of Grin Low Woods and look out for birds, animals and rare plants, which have made this unique habitat their home.

Poole's Cavern show cave is famous for its incredible stalactites and stalagmites and tours are available all year round. Learn more about the area at the nearby Visitor Centre and visit the shop which sells a range of unique gifts, as well as the dog-friendly café with delicious refreshments.

Take only photos and leave only footprints. Our behaviour today, plays a part in creating the unique and tranquil atmosphere of this special landscape.



## LOOKING AFTER THE PARK

The 100-acre wood was planted by the 6th Duke of Devonshire around 1820 to hide the eyesore which was caused by quarrying and lime burning. This is now a mature woodland with mixed broadleaf trees and some conifers.

The area is designated a Site of Special Scientific Interest (SSSI) due to the rich variety of plant life, animals and birds. The level, open glades are what still remains of waste ash from the 17th and 18th century lime-burning kilns, carefully managed to preserve the rare grassland flora found here.



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### YELLOW ROUTE - GEOLOGY TRAIL

**25 mins:** From the car park go past the mural sculpture, then go up the steps and turn left. Follow the fossil sculptures and look out for Charlie Limeburner #sculptureselfie. Cross the stile to open farmland to Grin Low summit and Solomon's Temple viewpoint.

### GREEN ROUTE - WILDLIFE TRAIL

**30 mins:** Go left diagonally at the bottom of the steps and follow the woodland wildlife trail. To your left is the Go Ape high-wire course and the open wild flower glades. The path steepens to a stile across open fields to Solomon's Temple.

### BLUE ROUTE - QUARRY VIEW TRAIL

**45 mins:** Take the steps to a path with second steps ahead, where there is a steep path with more steps. Follow markers to the steps to the left and the stile to open land. Cross the road, behind rock pinnacles to a fence with a gate. Follow the path past Grin Low caravan site to the gate and Solomon's Temple ahead.