



# Café at the Cavern Menu

Please order at the counter.

Don't forget to check our specials board for seasonal products.

All prices are available from the counter.

For food allergies & intolerances, please inform the café staff when ordering. We do our best to avoid cross contamination, but cannot guarantee, as all food is prepared in the same kitchen.

*We pride ourselves on using local, quality produce:*



**BUXTON COFFEE  
ROASTERS**





# Hot Drinks Menu

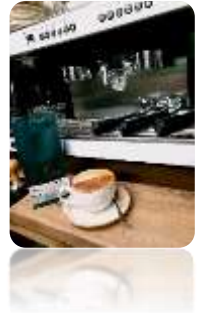
## Coffee

- ♥ Filter Coffee
- ♥ Iced Coffee

## Speciality Coffee

Made with local Buxton Coffee Roasters Blend 47 & Buxton Coffee Roasters Decaf

- ♥ Latte
- ♥ Cappuccino
- ♥ Flat White
- ♥ Espresso
- ♥ Americano
- ♥ Mocha



*Soya & Oat Milk available at an additional cost*

## Hot Chocolate

- ♥ Hot Chocolate: + cream/ + marshmallows/ +both
- ♥ Kid's Hot Chocolate

## Syrups

*Please ask at the counter for today's choice of syrups*



# Tea

♥ Yorkshire Tea



## BORN WILD TEA

artisan tea blends

### **Handsome Earl Grey\***

*A delicate blend of black tea & bergamot oil with a sprinkle of cornflower petals*

### **Masala Chai\***

*A warming blend of black tea, cinnamon, cardamom, ginger & cloves*

### **Chamomile Flowers\***

*Finest whole chamomile flowers, caffeine free*

### **Sencha Green\***

*With large emerald leaves Sencha is a smooth, sweet & satisfying green tea*

### **Peppermint Cleanse**

*Cleanse, revitalize & refresh with pure & natural peppermint leaves*

### **Straight Rooibos**

*Known for its health benefits, this South African herb is delicious with or without milk*

### **Apple Almond Spice**

*Sweet apple & flaked almonds with warming cinnamon*

### **Apple Crumble\***

*A cosy & satisfying blend of sweet apple, flaked almonds, beautiful rose petals & light Sencha green tea*

### **Orange Spice**

*A comforting organic blend of rooibos, honey bush, sweet orange peel & warming spices*

### **Lemon & Ginger Zing**

*An uplifting blend of ginger, zesty lemon grass, lemon peel & liquorice root*

### **Peach Berry Crush**

*Juicy twist of apple, peach, melon & hibiscus with a tropical splash of pineapple & papaya*

### **Raspberry Lemonade**

*A fruity blend of raspberries, lemon grass, hibiscus, coconut & gogi berries*

### **Cherry Bakewell**

*With apple, cherry, cranberry & coconut. This blend really does taste like a Cherry Bakewell*

### **Pina Colada**

*Sweet aroma of ripe pineapples mixed with the smooth creaminess of coconuts*

### **Reggae Refresh**

*A heavenly mix of mango, papaya & lemon grass to create a luscious tropical flavor.*

\* Contains caffeine





# Sweet Treats Menu

## Cakes

- ♥ Home-made scones +Butter/+Jam/+Cream
- ♥ Cream Tea: *Scone with cream & jam and a Pot of Yorkshire Tea*
- ♥ Cookies
- ♥ Today's Selection of home-made cakes
- ♥ Flapjack



## Cold Drinks & Snacks

- ♥ Selection of cans
- ♥ Buxton Still & Sparkling Water
- ♥ Selection of Juice Cartons
- ♥ Selection of Piper's Crisps





# Breakfast Menu

*\*Full Breakfasts are served 9:30-12:00 (Weekends & School Holidays) & 9:30-15:00 (Weekdays)*

- ♥ \*Full English Breakfast
- ♥ \*Veggie Full Breakfast
- ♥ Bacon Bap:  
+egg/ +mushrooms/ +sausage
- ♥ Sausage Bap
- ♥ +egg/ +mushrooms/ +bacon
- ♥ Crumpets
- ♥ Two slices of toast & butter



# Light Bites Menu

- ♥ Cheese & Onion Pasty
- ♥ Sausage Roll
- ♥ Toasted Teacake





# Lunch Menu

*Served all day during opening hours*

## Soup

- ♥ Home-made soup of the day with crusty bread



## Toasties

*Served with a side salad*

- ♥ Ham & Cheese
- ♥ Tuna Melt
- ♥ Beans & Cheese
- ♥ Cheese & Onion
- ♥ Cheese & Tomato
- ♥ Cheese & Mushroom
- ♥ Tomato, Mozzarella & Pesto
- ♥ Create your own using the ingredients above



## Sandwiches

- ♥ Tuna Mayo
- ♥ Ham
- ♥ Ham & Cheese
- ♥ Cheese & Pickle



*All served with a side salad  
Why not add a cup of home-made soup*

- ♥ BLT: Bacon, Lettuce & Tomato

## Jacket Potatoes

- ♥ Bacon, Mushroom & Cheese
- ♥ Beans & Cheese
- ♥ Tomato, Mozzarella & Pesto
- ♥ Tuna Mayo

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board for seasonal dishes





# Children's Menu

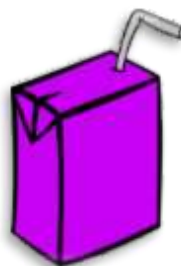
## Food

- Cheese Toastie
- Ham Sandwich
- Cheese Sandwich
- Beans on Toast
- Half a Jacket Potato: - Tuna Mayo  
- Cheese  
- Beans
- Hot Dog
- Soup & Toast Soldiers



## Drink

- Carton of Orange Juice
- Carton of Apple Juice
- Ribena
- Fruit Shoot
- Kid's Hot Chocolate







# Vegan Menu

## Breakfast

- ♥ Vegan Breakfast\*: Sausage, Bacon, Beans, Mushrooms, Tomato & Toast.
- ♥ Toasted teacake
- ♥ Crumpets
- ♥ Two slices of toast
- ♥ Sausage Sandwich: +mushrooms
- ♥ Bacon Sandwich: +mushrooms

## Lunch

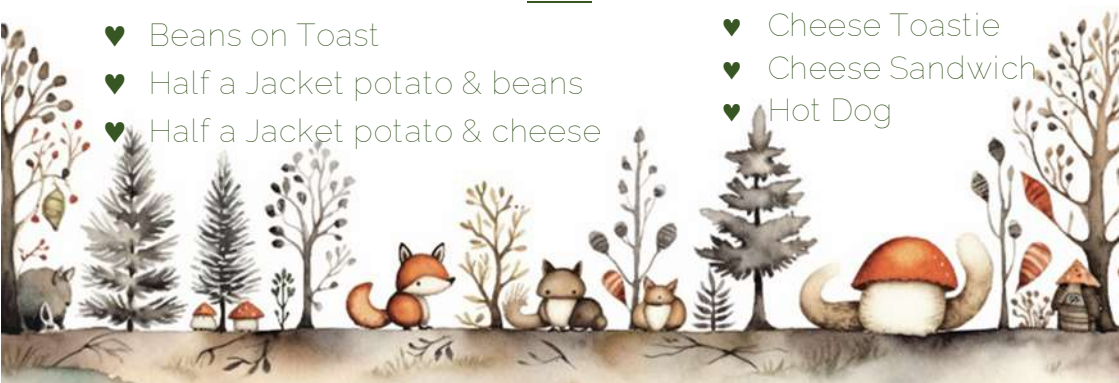
- ♥ Bean & Cheese Toastie
- ♥ Cheese, Tomato & Pesto Toastie
- ♥ Cheese & Mushroom Toastie
- ♥ Cheese & Onion Toastie
- ♥ Cheese Sandwich: +onion/ +tomato/ +salad
- ♥ Salad Sandwich
- ♥ Jacket Potato with Beans & Cheese
- ♥ Jacket Potato with Mushroom & Cheese
- ♥ Jacket Potato with Tomato, Cheese & Pesto
- ♥ VLT

## Cakes

*Please ask at the counter for today's vegan cake availability or try one of our tasty flapjacks.*

## Kids

- ♥ Beans on Toast
- ♥ Half a Jacket potato & beans
- ♥ Half a Jacket potato & cheese
- ♥ Cheese Toastie
- ♥ Cheese Sandwich
- ♥ Hot Dog





# Gluten Free Menu

## Breakfast

- ♥ English Breakfast\*: Bacon, Egg, Beans, Mushroom, Tomato, GF Toast
- ♥ Bacon Sandwich: +egg/ +mushrooms

## Lunch

- ♥ Ham & Cheese Toastie
- ♥ Tuna Melt
- ♥ Beans & Cheese Toastie
- ♥ Cheese & Onion Toastie
- ♥ Cheese & Tomato Toastie
- ♥ Tomato, Mozzarella & Pesto Toastie
- ♥ Tuna Mayo Sandwich
- ♥ Ham Sandwich
- ♥ Ham & Cheese Sandwich
- ♥ BLT
- ♥ Jacket Potato with Mushroom & Cheese
- ♥ Jacket Potato with Tomato, Mozzarella & Pesto
- ♥ Jacket Potato with Tuna Mayo
- ♥ Home-made soup with GF Bread (*Please check with the café staff on today's home-made soup & suitability*)

## Cakes

*Please check the counter for today's home-made GF cake selection.  
For crisps & cans please check the packaging.*

## Kids

- ♥ Cheese Toastie
- ♥ Beans on Toast
- ♥ Ham Sandwich
- ♥ Half a Jacket Potato: Tuna Mayo/  
Cheese/ Beans
- ♥ Cheese Sandwich
- ♥ Soup & Soldiers





And Grinlow Woods is proudly owned and managed by Buxton Civic Association, a local charity established in 1967 to preserve the fine architecture of Buxton and its natural and formal landscapes, for the local community and all our visitors.



Become a member today and enjoy the following benefits:

- ♥ Free entry to Poole's Cavern
- ♥ Free Parking at the Visitor Centre
- ♥ Discount Offers in the Café
- ♥ Guided walks and events
- ♥ News & events released to members first
- ♥ Invitation to BCA members only events
- ♥ Invitation to the Buxton Civic Association Annual General Meeting



Use the QR code to join us





Book Now with  
QR Code



## Poole's Cavern Guided Tours

- ♥ Take a 45 minute journey underground, learning of local legend, folklore and history
- ♥ Marvel at the calcite formations and learn how water has sculpted this unusual landscape
- ♥ Embark upon one of our sculpture walking trails in Grinlow Woods
- ♥ Browse gemstones from around the world in our gift shop, full of local artisans and worldly treasures
- ♥ Book your guided tour using PURPLE WIFI today.



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